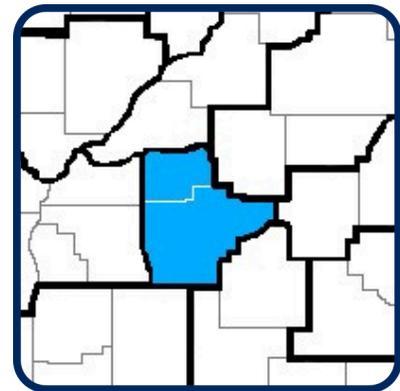




Let's Connect!

**Region 51:
Menard & Sangamon
Counties**



Connect with our Team at local events or visit our website to learn more about Birth to Five Illinois and how to get involved!

Scan the QR code to:

- Contact us
- Sign up for our Newsletter
- Join our Facebook Group
- Read our Region's reports
- And more!

www.birthtofiveil.com/region51

SCAN ME



QUESTIONS? Ask Ashley! aealles@birthtofiveil.com



Dial 211
Get Connected.
Get Help.



HSHS
Community
Connect

You can also access Illinois 211's growing online database of services at <https://search.211illinois.org/>

Dial 211 anywhere in Menard or Sangamon Counties. 211 is available 24 hours a day, every day of the year. Get help or give help.

211 offers information on a broad range of services. Multilingual assistance and TDD access is available.

Speak with a highly-trained call specialist who will assess your needs and provide referrals to the resources in your community from basic needs, food, and healthcare to financial assistance, substance misuse, and suicide prevention. Want to help? Find volunteer opportunities and donation options.

Crisis, information, and referral workers can also be reached by texting your zip code to TXT211 (898211).



List your organization with 211 today!
<https://uwm211.org/agencies/>

HSHS Community Connect is a digital database of free or reduced cost community-based programs and services available in the communities HSHS serves across Illinois and Wisconsin.

Community members in need of assistance can find hundreds of local resources that meet their needs, including:

- Financial aid, scholarships and loans
- Food Assistance – Food pantries, nutrition education, SNAP assistance
- Medical care – Dental appointments, addiction and recovery, mental health care
- Housing and temporary shelter, utilities expenses, residential housing
- Family and Child Care – Baby items, daytime childcare, adoption and fostering
- Transportation – medical transportation, bus passes, gas expenses,
- And more

Find the care you need. Visit hshs.org/connect.

Hospital Sisters Health System is committed to improving community outcomes by working to address social determinants of health. HSHS Community Connect is available thanks to funding from HSHS Foundation.



Sangamon HEART
Sangamon Home Visiting,
Education, and Referral Team
(HEART)



Sangamon ROSC
Sangamon County Recovery
Oriented Systems of Care
(ROSC)

Sangamon HEART is an Early Childhood Collaboration:

- Uniting local organizations, agencies, and individuals to improve outcomes for children and families.
- Works to better align services and address inequities in the community.
- Partnered with the University of Kansas to bring the Integrated Referral and Intake System (IRIS) to help connect families with needed resources.

Reach out to Sangamon HEART today!

Questions?
Interested in becoming a partner?
Contact Gwen Walsh
Phone: 217-545-4291
Email: gwalsh56@siumed.edu

The Sangamon County ROSC (Recovery Oriented Systems of Care) Council is a community-driven network that:

- Supports individuals and families in recovery from substance use and mental health challenges
- Connects people to resources,
- Promotes stigma-free care
- Strengthens community support to help build lasting recovery

Visit www.sangamoncorosc.org to learn more, view our online resource guide, join monthly meetings, and learn about upcoming free events!